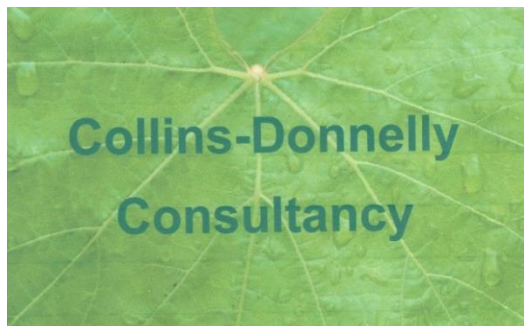


**A Supportive, Therapeutic and Educational Programme in Schools for Wellbeing, Aspiration, Resilience and Development**

**BY**



# WHO WE ARE

As a team of professionals from the fields of psychology, therapy, coaching, social work, education, training and human resources, we are highly experienced in working with schools, pupils and pupils' families.

## THE STEPS4WARD PROGRAMME

Schools can select from the following services deliverable in schools or at our offices:

### FOR PUPILS AND THEIR FAMILIES:

- CBT, NLP and counselling
- Dog therapy
- Emotional life skills workshops
- Parenting skills workshops
- Advice and guidance
- Support groups and drop-in clinics



### FOR SENIOR LEADERS AND STAFF:

- CBT, NLP and counselling
- Training & CPD
- Professional development coaching
- Advice, support, reports and research
- Supervision of support and pastoral staff
- Critical incident support



For more information, including a copy of our STEPS4WARD brochure, please contact us using the details below.

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